



9339 Genesee Avenue, Suite 220  
San Diego, CA 92121

858-455-7520

**IGO accepts all Major PPO plans (affiliated with local networks), including (but not limited to):**

Aetna (no HMO)  
Admar Med Network  
Beech Street  
Anthem Blue Cross (no HMO) (no Select PPO)  
Blue Shield (no HMO)  
Blue Cross/Blue Shield PPO (out of state plans) (no HMO)  
CCN  
Cigna  
United Healthcare Military & Veterans Standard  
United Healthcare Military & Veterans Prime (referral required for all services except well care)  
First Health  
GEHA  
Greatwest (now Cigna)  
Guardian  
Healthnet PPO  
Healthcomp  
Humana  
Medicare (this includes Medicare advantage PPO plans)  
NAPP (National Association Preferred Providers)  
One Health Plan  
Operating Engineers  
Pacific Foundation for Medical Care  
PacifiCare (now United Healthcare)  
PHCS  
Plan Handlers  
Principal Financial Group  
Scripps Employee Health Plans (EPO and PPO)  
Seechange  
United Healthcare

**The only HMO plans we accept are:**

Cigna HMO (San Diego Direct network only)  
Healthnet HMO (San Diego Direct network only)

**The only Covered California plans we accept are:**



Blue Shield PPO  
Healthnet PPO  
Anthem Blue Cross Pathways / EPO Exchange Plans (no HMO)

**For questions regarding insurances not shown on this list please contact Jeanne by email at [jneff@igomed.com](mailto:jneff@igomed.com).**